

CLEVELAND COUNTY WELLNESS COMMITTEE

MINUTES

FRIDAY, NOVEMBER 18, 2016

9:00 a.m.

Chairman Harold Haralson called to order this 18th day of November 2016 the regularly scheduled meeting of the Cleveland County Wellness Committee in the conference room at 122 E. Eufaula. Roll call taken and recorded by Linda Atkins, Deputy County Clerk/Secretary, as follows:

Those present were: Harold Haralson, Doug Warr, John Roberts, Jacob McHughes, Leann Clements, Bryan Jenkins, Teri Cox, Brian Wint, Brenda Hill (Clerk's Note: Ms. Hill was absent at roll call but entered the meeting shortly thereafter.) and George Mauldin.

Those absent were: Tammy Belinson, Carrie Welles, Bryant Rains, Christina Newburg.

Ex-officio members present: Linda Atkins, Jennifer Slawson, Meredith Rowland, NP, and Brittany Marshall.

After the reading of the minutes of the Regular meeting of **October 28, 2016** and there being no additions or corrections, Teri Cox moved, seconded by John Roberts, that the minutes be **approved**.

The vote was: Harold Haralson, yes; Doug Warr, yes; John Roberts, yes; Jacob McHughes, yes; Leann Clements, yes; Bryan Jenkins, yes; Teri Cox, yes; Brian Wint, yes; George Mauldin, yes. Motion carried.

A. Items of Business:

1. During discussions on **Presentation on County Wellness Gym Facility**, George Mauldin expressed the gym utilization remains steady. It was explained that many are walking outside to capitalize on the nice weather and usage of the gym may pick back up once the weather becomes cooler. Chairman Harold Haralson said that he will get with Todd Gibson to give a monthly report on the utilization of the gym since he is the one that has the access now. (Brenda Hill entered the meeting at this point.)

2. George Mauldin said nothing new emerging on **Biometrics** to report.
3. George Mauldin said that some classes are coming up for **CPR Certification** in the future.
4. Meredith Rowland, NP, updated on the **Employee Health Clinic** by saying that they are seeing sick people and they still have flu shots available.

B. No new business was presented to the Board for discussion.

C. During Wellness Committee Members Discussion Regarding Business, Jacob McHughes voiced that he and Commissioner Cleveland spoke with the Executive Director of Tset, John Woods, yesterday to encourage him to come and set in on the Wellness Committee meetings to acquaint himself with the Wellness program and how it commenced. In response, Mr. Woods appeared very impressed with it and indicated that he is going to come by. Jacob McHughes said the main goal is to engage him in some conversation for grant funding to which he seemed open to that.

Chairman Haralson said that he just sent a text to Todd Gibson about getting a report on Wellness and the utilization of the fitness center. He added that after having a conversation with Tammy Belinson, on the different topics of agenda items, they agreed to modify the reports. He asked George Mauldin if it would make more sense to just have a general topic each month for him to report on in lieu of specifics on Biometrics or CPR.

George Mauldin said, “Yeah, probably so.”

Chairman Haralson said, “Okay. Just have discussion, consideration and/or action on presentations from Emergency Management Director regarding Wellness Committee issues, something along those lines. We might modify the way we do it on that basis then, so we don’t have quite so many reports, but one general topic report.”

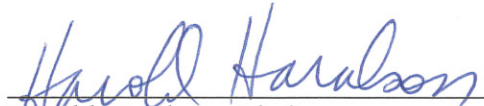
D. There being no further business to come before the Board, at approximately 9:10 am, John Roberts moved, seconded by Teri Cox, that the meeting be **adjourned**.

The vote was: Harold Haralson, yes; Doug Warr, yes; John Roberts, yes; Jacob McHughes, yes; Leann Clements, yes; Bryan Jenkins, yes; Teri Cox, yes; Brian Wint, yes; Brenda Hill, yes; George Mauldin, yes.

Motion carried.

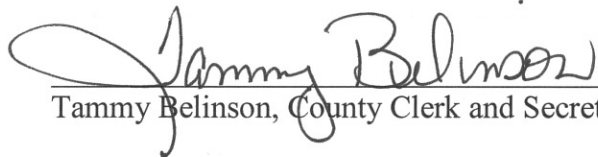
(Clerk’s Note: Agenda posted on November 16, 2016 @ 8:44 am.)

Cleveland County Wellness Committee
CLEVELAND COUNTY, OKLAHOMA



Harold Haralson, Chairman

ATTEST:



Tammy Belinson, County Clerk and Secretary to the Board

Minutes Prepared by: 

Deputy County Clerk





FITNESS CENTER

Cleveland County Annex Building
122 East Eufaula Street
Norman, Oklahoma 73069

NOVEMBER 2016 OVERVIEW

- Current registered users: 219
- Busiest day: 17
- Total number of users for November : 101
- Reported Injuries: 0

